, &7\$35\$4&*(\$.66#66 - #&(6\$	J/38#2(6\$(3\$7# - 3&6(/.(#7\$.\$23&2#9(\$
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@/*((#&\$64/*#6\$.&7\$/#5'#2(*3&6\$493&\$.\$ 4&*(\$35\$*&=4*/0#6\$'*\$35\$*&=4*/0\$3/\$2#&(/.'\$ *7#.\$	JXJ\$,F"*<*(*3&\$*&\$;/.7#\$Q\$

Tools/strategies 53/\$53/ - . (\*8#\$ . &7\$64 - - . (\*8#\$ . 66#66 - #&(\$ - . 0\$\*&2'47#\$<4(\$ . /#\$&3(\$ '\* - \*(#7\$(3E\$\$

T3/ - 6\$35\$.66#66 - #&(\$ - .0\$\*&2'47#E\$\$

J#/53/&2#\$(.6:6\$	J/32#66\$53246#7\$.66#66 - #&(6\$
!#.2"#/\$3<6#/8.(*3&6\$	1#'#2(#7\$/#693&6#\$
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- %&2'47#\$:&3+'#7;#\$.&7\$4&7#/6(.&7\*&;\$35\$2#&(/.'\$\*7#.6?\$\$
- Z.0\$<#\$.\$6(47#&(\$/#693&6#\$(3\$.\$9\*#2#\$35\$+3/:\$5/3 \$("#\$4&\*(?\$\$</li>
- Z.0\$\*&2'47#\$9366\*<'#\$54(4/#\$.2(\*3&6?\$\$</li>
- @\*''\$<#\$:#9(\$\*&\$6(47#&(\$93/(53'\*36?\$\$</li>
- @\*''\$<#\$46#7\$\*&\$6(47#&(C'#7\$23&5#/#&2#6?\$\$

#### Agreements:

- D66#66 #&(6>\$<3("\$64 . (\*8#\$.&7\$53/ . (\*8#>\$+\*''\$<#\$46#7\$(3\$/#5'#2(\$493&\$#.2"\$4&\*(\$35\$\*&=4\*/0\$.&7\$46#7\$(3\$ 37\*50\$3/\$#F9.&7\$493&\$#.2"\$4&\*(\$35\$\*&=4\*/0?\$\$</li>
- !#.2"#/\$/#5'#2(\*3&6>\$<3("\$\*&7\*8\*74.'\$.&7\$.(\$;/.7#\$'#8#'6>\$+\*''\$<#\$/#23/7#7\$3&\$("#\$ JXJ\$4&\*(\$9'.&&#/6?\$\$</li>
- 14 - . (\*8#\$.66#66 #&(6\$./#\$&3(\$'#./&\*&;\$(.6:6>\$<4(\$7# 3&6(/.(\*3&6\$.&7\$)<.99'\*2.(\*3&6\$35\$:&3+'#7;#\$.'/#.70\$'#./&#7?\$\$</li>
- D66#66 #&(\$2/\*(#/\*.\$+\*''\$<#\$ .7#\$2'#./\$(3\$6(47#&(6\$9/\*3/\$(3\$.66#66 #&(6?\$\$)</p>
- !#.2"#/6\$.&7\$6(47#&(6\$/#5'#2(\$74/\*&;\$#.2"\$4&\*([\$/#5'#2(\*3&6\$./#\$46#7\$.6\$.\$(33'\$53/\$ \*&6(/42(\*&;\$.&7\$'#./&\*&;?\$\$
- ! "36#\$+"3\$+\*''\$#8.'4.(#\$6(47#&(6\$ .0\$\*&2'47#\$.&0\$3&#\$3/\$23 <\*&.(\*3&\$35\$("#\$ 53''3+\*&;E\$(#.2"#/\6]>\$6(47#&(\6]>\$9./#&(66;4./7\*.&6623 -4&\*(0\$ # <#/6>\$ 9/35#66\*3&.'6\$5/3 \$("#\$23 -4&\*(0\$+\*("\$69#2\*5\*2\$<37\*#6\$35\$:&3+'#7;#?\$\$</li>
- D66#66 #&(6\$+\*''\$/#5'#2(\$23&(# 93/.&#346\$\*&53/ .(\*3&[\$("#0\$+\*''\$<#\$;\*8#&\$("/34; "34(\$("#\$62"33'\$0#./\$\*&\$.\$(\* #'0\$ .&&#/?\$\$)</li>

### 2. Lea Le P file A ib e

**Purpose**E\$ ! #\$ '# . /&#/\$ 9/35\*'#\$ 9/38\*7#6\$ ("#\$ 8#/& . 24' . /\$ ("/34; "\$ + "\*2"\$ (# . 2"#/6\$ . &7\$ 6(47#&(6\$+\*' . /(\*24' . (#\$("#\*/\$4&7#/6( . &7\*&; 6\$ . &7\$; /3+("?\$! "#\$I# . /&#/\$J/35\*'#\$\*6\$ . \$8\*( . '\$ (33'\$53/\$/#5'#; (\*3&\$ . &7\$6#'50 . 66#66 - #&(?\$\$

- o ^\*&7#/; ./(#&\$.&7\$\_<sup>st</sup>;/.7#\$+\*''\$\*&(/3742#\$.&7\$#F9'3/#\$("#\$9/35\*'#\$3&#\$I#./&#/\$ J/35\*'#\$.((/\*<4(#\$.(\$.\$(\* - #?\$\$
- o K<sup>nd</sup> ("/34; "\$N<sup>th</sup>;/.7#\$6(47#&(6\$+\*''\$46#\$("#\$I#./&#/\$J/35\*'#\$.((/\*<4(#6\$(3\$6#'5C.66#66\$ .&7\$/#5'#2(\$3&\$("#\*/\$#F9#/\*#&2#\$\*&\$("#\$4&\*(6\$35\$\*&=4\*/0?\$\$
- D''\$4&\*(6\$35\$\*&=4\*/0\$+\*''\$\*&2'47#\$.69#2(6\$35\$("#\$I#./&#/\$J/35\*'#\$(".(\$./#\$8.'4.<'#\$\*&\$\$ #F9'3/\*&;\$#.2"\$4&\*(#6\$;\*8#&\$2#&(/.'\$\*7#.?\$\$

### Agreements:

- 1(47#&(6\$+\*''\$".8#\$.\$2".&2#\$(3\$/#5'#2(\$3&\$("#\$'#./&#/\$9/35\*'#\$.((/\*<4(#6\$53246#7\$3&\$ \*&\$#.2"\$4&\*(?\$!"#6#\$/#5'#2(\*3&6\$+\*''\$<#\$\*&2'47#7\$\*&\$("#\$6(47#&(#6\$93/(53'\*3?\$\$</li>
- 1(47#&(6>\$5. \*'\*#6>\$.&7\$.''\$62"33'\$6(.55\$./#\$#F9#2(#7\$(3\$ 37#'\$("#\$'#./&#/\$9/35\*'#\$.((/\*<4(#6?\$\$</li>
- 1(47#&(6\$+\*''\$6#(\$;3.'6\$53/\$("#\$'#./&#/\$9/35\*'#\$.((/\*<4(#6\$.&7\$/#5'#2(\$3&\$("#\*/\$9/3;/#66\$(3+./76\$("#\*/\$7#8#'39 #&(?\$\$</li>
- D''\$.66#66 #&(\$3993/(4&\*(\*#6>\$<3("\$53/ .(\*8#\$.&7\$64 - .(\*8#>\$9/38\*7#\$.\$9.("\$(3\$<<4\*'7\$("#\$%H\$I#./&#/\$J/35\*'#\$.&7\$%&(#/&.(\*3&.'\$Z\*&7#7&#66?\$\$</li>

# 3. A ache Lea ig

**Purpose**E\$D99/3.2"#6\$(3\$'#./&&:5./#\$.\$6#(\$35\$6:\*''6\$6(47#&(6\$46#\$+ "#&\$\*&83'8#7\$\*&\$ '#./&\*&;?\$@#\$9'.2#\$\* - 93/(.&2#&&(\$3&'0\$3&\$+".(\$\*6\$'#./&#7\$<4(\$"3+\$\*(\$\*6\$'#./&#7?\$\$

### Agreements:

1(47#&(6\$+\*''\$6"3+\$#8\*7#&2#\$35\$("#\$.99/3.2"#6\$(3\$'#./&\*&;\$+\*("\*&\$+3/:\$.&7\$ /#5'#2(\*3&6\$/#'.(\*&;\$(3\$#.2"\$4&\*(?\$\$

J "3(3;/.9"6\$+"#&\$&#2#66./0\$\$

I#./&#/\$9/35<sup>\*</sup>'#\$/#5'#2(\*3&6\$\6(47#&(>\$(#.2"#/>\$9./#&(]\$\$

## Agreements:

- J3/(53'\*36\$+\*''\$\*&2'47#\$("#\$53''3+\*&;E\$\$
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- !#.2"#/6\$ ##(\$+\*("\$5. \*'\*#6\$.(\$'#.6(\$K\$(\* #6\$9#/\$0#./?\$\$
- •